

Your Passions Are Like A Pair of New Shoes

Experimenting with your curiosity yields far more benefits than stressing out about finding your one true passion.

You'll discover more about what makes you come alive through play, creative work, and personal development projects than through endless naval gazing about what you're supposed to do with your life.

Too many people treat their passion as if it's something to be discovered mostly by looking within, but you can only discover what seems interesting that way.

In order to to gain a sense of direction, you have to engage reality and experience what it feels like to participate in your interests.

If you're trying to discover what you want to do, investigation beats introspection every time.

You may be thinking: "After many hours of deep soul searching, I think I finally know what my passion is."

I say "Great! Now get out there and do something with it."

Your passions are like shiny new shoes. No matter how attractive they appear, you still have to try them on to know if they're a good fit for you.