

## Words Poorly Used #39 — Self-Esteem

Lately I see many occurrences of the term “self-esteem” being used in a pejorative sense, and less frequently in a congratulatory way. The phrase is intended, however, to describe self estimation (neither good nor bad). All philosophies end in knowing one’s self and one’s place in the scheme of things. The estimation of these matters is critically important to an individually realized voluntary life. We would be well served to preserve the original intent.

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