

When the Answer is in the Question

Advice-seekers sometimes betray answers they already know by the questions they ask.

Quora is a good place to witness this.

A good rule before you ask a question of others is to start with yourself. Obviously, asking yourself the question you want to ask doesn't do a lot. You've probably already done it and not found a definite answer.

Instead of asking yourself the question, ask yourself why you're asking the question. And be really honest.

Sometimes the true reason you're asking is to impress someone, or to get attention, or because you want shared responsibility for your choice, or because you already know the answer but you don't like it so you want to fish for a way out.

Learn why you're asking the question and you'll often answer it.