

Two Kinds of Power

Editor's Pick. Written by Scott Noelle.

Most people in our culture are confused about power. Everyone wants it, but few trust it.

We have painful memories of our parents or other elders using their power against us. Parents who value peace and gentleness often disown their power for fear of abusing it.

You can end the confusion by making a distinction between **authentic power** and what I call "**pseudo-power**."

Read the full thing at DailyGroove.com (scroll down) »