Suffering and Triumph

Don't share in the suffering of others if you aren't willing to share in their triumphs.

I'm not trying to say not to care about others, learn from others, and understand the world from what happens to others. Rather I'm addressing how many people validate a dark view of the world by only letting dark things process through their minds. I'm addressing how people believe these tragedy filters are appropriate, and they validate what the world actually is. That we can't have times of happiness, joy and complacency (or that they should be diminished) because bad things happen to people sometimes.

The world is beautiful, wonderful, joyous, fun, boring, tragic, dark, and unjust. You can have a filter that validates any narrative you desire, however, the stronger the filter, the more delusional perception you have of reality. It is quite trendy to filter out the wonderful aspects of reality and validate every dark event reported, but this is a highly skewed way to absorb what reality is. You aren't more enlightened by seeing the bad in the world, you are just a miserable person.