

Show Your Qualities & The Dimension of “Should” (17m)

– Episode 029

Episode 029 looks at two Stoic topics: the first from Marcus Aurelius who wrote, “People aren’t in awe of your sharp mind? So be it. But you have many other qualities you can’t claim to have been deprived of at birth. Display then those qualities in your own power: honesty, dignity, endurance, chastity, contentment, frugality, kindness, freedom, persistence, avoiding gossip, and magnanimity.”; and the second from r/Stoicism, a post by mussel_bouy who started off with, “There is a dimension. A dimension not of sight or sound but of mind. It is both in the future and past but never the present. It has no physical location but for many of us, we live there. It is ‘the dimension of should’.”

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