## See What You Can Build on Your Own

There's a sense of personal accomplishment, of self-worth, when you make something with your own hands through your own efforts. Even if you seek guidance from someone with experience, you've learned more than you knew before. You'll probably value the results more than if you had no part in making it.

If, after you do the work yourself, you decide you'd rather pay someone to do it for you next time, at least you now know what's involved. You will probably have a better sense of whether someone is doing a good job or not. You might be able to tell if they are trying to scam you or overcharge for their services.

To prevent someone from making things on their own is bad in two ways. You show you don't trust them to be competent, and you keep them from becoming competent; from learning how to do things they'll value. If you never allow someone to succeed or fail on their own, always doing everything for them, they'll never really grow up. They'll never learn responsibility.

Self-government is the same way. Until you try to govern yourself, without any laws or representatives to fall back on, you're not a fully competent human being. You may even surprise yourself when you discover you don't need those things, nor do you want them imposed on others. I have more respect for myself than to look for someone to govern others — even my enemies — on my behalf.

To me, insisting that others must be governed for my benefit is a sign of weakness and immaturity.

People tend to live up or down to your expectations.

So how do you govern yourself with your own two hands? Be responsible. Don't pawn your responsibilities onto others. Don't expect others to take care of you, or to protect you from threats you should be dealing with on your own. Mind your own business and expect others to mind theirs. If someone violates you, deal with it yourself. Only seek help if absolutely unavoidable, and then only from truly voluntary sources. You aren't entitled to other people's time or money, so don't act as though you are. Governing yourself isn't achieved through voting or expecting representatives to fix anything. If you want to do that anyway, don't stop there and think you've accomplished something.

See what you can build with the effort of your own mind and hands. I think you'll be pleasantly surprised.