

# Rights are Just a Mental Construct?

People who claim rights are “just” a mental construct without any external reality often use that idea to lead into a lecture– with their very next breath– promoting their ideas of responsibility; often based on their interpretation of morality.

It goes both ways. If rights are meaningless because they are a non-real mental construct, then so are responsibilities.

Humans are– more than anything– the mental animal. That something is a mental construct doesn’t mean it isn’t real. For humans, nothing is more real. In fact, physical things which people can’t fit into a mental construct are often ignored; having no “reality” for most people.

So, yeah, rights are nothing when removed from the human mind, but the same is true for responsibilities. Neither a rock nor a corpse has any rights or responsibilities.

I understand *why* some people are so opposed to rights while being so adamant about responsibilities, but, like it or not, your *primary responsibility* is to not violate the rights of others.