

# Politics is Still Stupid

I don't know how many times I've written about the stupidity of politics. Plenty.

I've given countless talks, podcast interviews, and most of my first three books were about how soul-sucking, distracting, useless, degrading, and pointless political involvement is. The combination of Public Choice theory, which explains how politics works and why it doesn't, and understanding social change, plus lived experience of working in politics, policy, education, and finally entrepreneurship have made it abundantly clear to me that politics is at best a ridiculous spectator sport. At worst a terrible addiction that makes you an asshole and a moron all at once.

I'm a political atheist. I don't acknowledge its power, because in my day to day life, I experience my own. It only matters when you believe it does. And I don't.

Politics turns friends into enemies. It breeds fear. It creates mental blocks and blinders to reality. It indulges the most socially destructive vice, envy. It deceives us into downplaying our own agency and becoming victims. It makes us feel pressured to pretend to know and care about everything.

Doing nothing. Having no opinion. Not following the news. These are steps towards personal emancipation.

Building a life you want. Cultivating mindsets that add to your sense of life. Going about your business as if you own your outcomes. These are steps toward a creative and fulfilling life.

These acts of productive omission and commission are indifferent to politics. Best case it's a distraction to the good life. Worst case it's destruction of the good life.

To all my brothers and sisters mired in the struggle, try walking away. See if your life doesn't improve.