Peter Gray: The Role of Play in the Development of Social and Emotional Competence (43m)

This episode features a lecture by evolutionary psychologist, research professor, and author Peter Gray from 2012 on the role of play on human child development among hunter-gatherers, 1950s America, and today. Gray also looks at the rise of emotional and social disorders as a result of the decline of play. Purchase books by Peter Gray on Amazon here.

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