

# On Power Struggles

Power struggles occur all over the world. Why? I'm sure there are a thousand reasons, but it seems they all come down to one party wanting the final say over their actions while the other disagrees. This can be any two people or groups of people, children or adults. What are we doing as individuals about the power struggles in our own lives? We have the power to prevent them, especially those in our own homes. Give your children what is rightfully theirs: freedom. And give them what they'll need as they navigate freedom: a relationship based on mutual trust, respect, and love. And that's today's two cents.

Skyler.