

# On Human Nature

You'll find in political and parenting debates the contrasting claims that humans are by nature either peaceful or violent. I have no doubt that humans have the capacity for both peace and violence. I see around me people acting peacefully, and I see in the news people acting violently. I would say that human nature is *both* peaceful and violent: peaceful when their needs are met, and violent when they aren't. We are all trying to remove "felt uneasiness" as a matter of necessity, of survival and achieving happiness. Sometimes we misjudge both the cause and the cure, but that's a problem of misinformation, not nature. I think that if we want peace, then we must focus on understanding **needs**, ours and theirs, and finding ways to meet those needs. Both homes and societies *can be peaceful*. It's not an impossibility. And that's today's two cents.

Skyler.