

Obstacles

Sometimes we overcome them.

Sometimes we use them as stepping stones to new levels of awareness.

Sometimes we transform them into opportunities.

Sometimes we accept them as invitations to question our assumptions about what's really an obstacle and what's not.

Sometimes we're surprised by the way they stimulate fresh ideas.

Sometimes we're thankful for how they reveal blessings in disguise.

"Sometimes" doesn't mean "You are guaranteed to get a positive result", but it does mean "You are not guaranteed to get a negative result."

Before you let your obstacles get you down, try to see if there's a way to use them as leverage for lifting yourself up.

Obstacles get in the way, but that doesn't mean they have to mark the end of the way.