

Network Privacy, Future Self & Procrastination, Saving Money, and Your Children (28m) – Episode 030

Episode 030 looks at being careful with what you send and do on your workplace computer; doing favors now for your future self; avoiding procrastination by committing to giving the task just 10 minutes, and seeing where that goes; the importance of saving money; spending minimalistically versus lavishly; and why it's a good idea to love our kids for who they are instead of what we want them to do.

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