

# Milton Friedman: There's No Such Thing as a Free Lunch (45m)

his episode features a talk by economist and Nobel Laureate Milton Friedman from 1993. From the grand opening of the Cato Institutes's headquarters in Washington, D.C. in 1993, Friedman gives a talk about popular political aphorisms, one of his favorites being the one he helped popularize in the title of his 1975 book, "There's no such thing as a free lunch." Purchase books by Milton Friedman on Amazon [here](#).

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