

Men Aren't Allowed to Cry

Men, you're not allowed to cry. Don't let people in society tell you differently, they are lying to you.

This is not entirely true, however, it is true in the meaningful sense. You can tear up watching a sad movie. You can cry tears of joy, or tears of pride in your child. You can mourn the loss of a close relative. However, most people cry when they are overwhelmed, when they have a hard time coping, when reality gets too hard ... and this is the type of crying that society will never let you live down.

I'm not trying to be an ass. If you cry around me, I will feel awkward, but I will be incredibly kind. This is just a PSA. I am not the person you should worry about crying around.

I am sure you take pride in your competence. You want to be respected, admired, and regarded. You want to take a modicum of leadership at times, and be viewed as an individualized capable human. If you cry, and other people know it, they will subconsciously categorize you as incompetent, incapable, and they will look at you as inferior. It is sad, it is unfair, and it is the truth.

Girls don't want to have children with someone they believe is unable to competently cope with reality. Your employees won't feel inspired by the leadership of someone who they feel is emotionally unstable. People who want to take advantage of you will see you as an easy target to bombard. Feminists that proclaim that crying is okay will turn on you the moment they see you trying to have self-respect and rub any perceived weakness they have in your face.

Evolution programmed men with emotional stoicism. We become vastly more stoic in puberty. Humanity has evolved to expect this of men. When men exit this, we can't help but to regard these men as weaker (and often inferior).

I don't post this to prescribe what you should do or be in life. Be whatever you want. I merely point it out because there is a contingent of people who desire to make you weak, and there is a contingent of people who desire to feminize you in order to pity you. These people don't have your interests at heart.

However, please don't think that this means we should go back in time and tell boys to "man up" ... that is the wrong takeaway here. Boys can cry and them getting support will often help become more emotionally balanced and capable adults. However, once you are an adult man, people will judge you harshly on your emotional demeanor. It might not be fair, but it is reality.