

Maintaining Connection and Attachment Beyond Babyhood

Written by Kelly for Positive Parenting Connection.

Attachment parenting is often associated with babies and very young children. But what happens when your baby is too big for a sling or your preschooler has weaned? Does attachment parenting have to stop? Not at all.

The basis of attachment parenting is getting tuned-in to your child, learning to communicate effectively, and staying connected. You may not be able/want to breastfeed your five-year-old, but that doesn't mean he no longer wants – and needs – the gentle nurturing touch that you and he shared when he was a sweet, chubby baby. Here are some ways to help strengthen those connections you built in babyhood, and stay in-tuned with your older kids.

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