

Learning Is the Ultimate Motivational Tool

Most people feel unmotivated not because they lack good pep talks, but because they lack good perspective.

The key to inspiration is better information.

When you understand how things work, you're less vulnerable to self-defeating assumptions about how those things won't work for you.

Instead of forcing yourself to feel successful and productive, try to understand something new. Seek out a different vantage point.

When you can think clearly, critically, and creatively about things, your feelings and actions will follow.