

Lawrence Cohen: Create a Closer Bond with Your Child Through Play (50m)

This episode features an interview of psychologist and author Lawrence Cohen from 2010 by Laura Markham of Aha! Parenting. Topics discussed include: the parent-child bond: how to stay connected, and heal from disconnection; the healing role of crying for babies, toddlers and children – and how parents can best help them; how humans discharge tension and difficult emotions – and how to help your child do so; the “Stay-listening” technique to help your child with difficult emotions; the best way to deal with tantrums; what is going on with kids when they look right at us and do exactly what we’ve told them not to? – and how should parents respond? Purchase books by Lawrence Cohen on Amazon [here](#).

Listen To This Episode (50m, mp3, 64kbps)

Subscribe via RSS [here](#), or in any podcast app by searching for “voluntaryist voices”. Support the podcast at Patreon.com/evc or PayPal.me/everythingvoluntary.