

John's Journey, Rationality, Principles of Rational Living (59m) – Episode 437

Episode 437 welcomes John Vespasian to the podcast to chat with Skyler on the following topics: living all over Europe; the worldwide COVID-19 moment; the abundance of irrationality in the world today; the timeless commonplace of information manipulation; remaining rational in the face of extreme opposition; defining rationality (logical conclusions from relevant facts); developing a rational mentality; never accepting a single point of view or opinion; everyone has their blind spots and biases; the problem with positive thinking; among his many published books is *10 Principles of Rational Living*, including: Think Like an Entrepreneur, not a Crusader, Accept the Inevitable Hassles of Life, and Acquire Effective Habits; the importance of keeping a lifetime perspective when making decisions; and more.

Books: Amazon Author Page for John Vespasian

Website: John Vespasian: Rational philosophy, psychology, and personal development

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