

I'm Taking My Time With This One

I'm looking forward to the new year, but I'm also not rushing the current year out the door.

The greatest rewards belong to those who can eagerly anticipate the future while also learning how to make peace with the present moment.

It's great to get excited about the big finish. It's even better if you can make your way there with a playful spirit.

As Alan Watts observed, "If the point of a song was to finish it, the best musicians would be the ones who played the fastest."

Enjoy the song. It'll be over soon enough.

Cheers,

T.K. Coleman