

Episode 025 – Krista’s Journey, and Home Birthing (0h57m)

Episode 025 welcomes Phil’s wife, Krista to the podcast as she and Phil talk about her journey toward voluntarism, peaceful parenting, and home birthing, while Skyler is gallivanting around Chicago on family vacation.

Listen to Episode 025 (0h57m, mp3, 96kbps)

Show Notes

Facebook Profile, Krista Eger

Blog, *Being Krista*

VBAC.com, “What is a Uterine Rupture, and How Often Does it Occur?”

MayoClinic.org, “VBAC: Insight from a Mayo Clinic Specialist”

Resource, ChoiceInChildbirth.org

Judith Lothian, *The Official Lamaze Guide*

DONA.org, “Find a Doula”

Resource, BirthWithoutFearBlog.com

Resource, EvidenceBasedBirth.com

Resource, GivingBirthNaturally.com

In May Gaskin, *Ina May’s Guide to Childbirth*

Henci Goer, *A Thinking Woman’s Guide to a Better Birth*

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