

# Difficult Questions and Lies: 4 Reasons to Tell the Truth

*Written by Ariadne for PositiveParentingConnection.net.*

Let's be honest, many parents lie, some occasionally, others quite often. The reasons vary, like being afraid to set a limit or saying no, avoiding complicated topics like sexual education, death and illness or simply not knowing what to say. Parents also might lie about social situations or support fairy tales and imagination with stories about the tooth fairy and Santa-Claus.

While imagination, fantasy, play and magic in childhood is... magical... lying to avoid important conversations, setting a limit or explaining certain aspects about life can really be harmful to the parent child relationship. Here are four reasons to avoid lies and four reasons to strive to tell the truth.

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