

# David S. Returns, Ketosis and Severe COVID-19 (1h7m)

## - Episode 438

Episode 438 welcomes back David Scholes to the podcast to chat with Skyler on the following topics: the ketogenic diet and some exotic meats he's eaten; ketone esters dietary supplement; he and his wife getting COVID-19, mild for him, much more severe for his wife (also diabetic); his wife's experience in the hospital; his concern with what they were feeding her, while she was sedated; his last ditch effort to save his wife through ketosis, which showed very promising results, but he was too late; his wife's passing; the potential of ketone esters and COVID-19 recovery; and more

Blog Post: "Results of ketosis in a severe COVID-19 ARDS stricken intubated patient" by David Scholes

Article: "COVID-19: Proposing a Ketone-Based Metabolic Therapy as a Treatment to Blunt the Cytokine Storm"

Study: "Acute Effects of Oral Ketone Ester on Cardiac Function in Patients With COVID-19 (KetoCOVID)"

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