

# Brenden's Journey, MasterTalk, Knowledge, & Personal Development (1h10m) - Episode 429

Episode 429 welcomes Brenden Kumarasamy to the podcast to chat with Skyler on the following topics: his YouTube channel "MasterTalk"; living in Montreal, Canada; Stoicism and sphere of control; older kids still living at home; parenting and kids leaving the nest; knowledge and truth; religion and the afterlife; his favorite anime "Death Note"; collecting stories and trying to live a mistake free life; his top 3 podcasts: "Akimbo" by Seth Godin, "The School of Greatness" by Lewis Howes, and "Impact Theory" by Tom Bilyeu; Warrent Buffet's focus framework; the value of attending personal development conferences; his book recommendation: *Thirst* by Scott Harrison; and more

Website: [MasterTalk.ca](http://MasterTalk.ca)

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