

# Be More Than a Spectator in Your Own Mind

How do you know what you know? The way an exceptional person answers this question is starkly different than how others do. This is, potentially, the most powerful question in the world, for it works as the master key to unlock all other human knowledge on any subject ever studied. It shows you how to unlock the total power of your own mind. Without a correct understanding of how to use their potent minds to receive new information, intelligent people will lead lives of wasted opportunity. The principles of effective thinking are what allow you to tap into the totality of your capabilities. Effective thinking makes your curiosity viable.

How can it be that people so wholeheartedly disagree on some of the most important aspects of life? We are all living in the same reality operating under the same shared rules. We should all be able to arrive, independently, at a consensus for the fundamental issues we all face. Yet, this is far from accurate. Every person in the world is using their own mechanisms through which they arrange the architecture of their thoughts, connecting all ideas together in the invisible space of their minds. The way people do this ultimately defines how they perceive everything.

Ordinary people are slaves to their thoughts, which branch outward in any direction without principle or discretion. They are more like passengers than they are drivers in the vehicle of their minds. They spectate, but don't participate, and even as spectators fail to observe with precision. They can only watch as ideas spread from one mind to another, and they cannot help but express aloud whatever whim presently entertains them. Such a person has already entered the preliminary stages of brain death and complete vegetation. Thoughts behave no longer as functional components of life. The more ideas they are exposed to, the more they become obstacles to a cohesive worldview. Education is now their irreversible enemy.

You, on the other hand, will make thoughts your greatest ally. Thoughts are tools for meaningful action in exceptional people. Applied correctly, they don't just serve your own immediate needs. They can be communicated and scaled to create a better world for all people, even those who never hear or understand them. All this rests upon first knowing the mechanics of how thoughts flow in a reasonable. Without reason, the flow breaks out into a flood.

With practice, you will not think a thing is true merely because the idea entered your mind. You will develop a capacity to hold thoughts in your temporary memory without rooting them as truth in your larger mental map of reality. You will acquire the processing power to play with contingencies of possible truths and evaluate the outcomes of individual propositions by their own merits. Only after making it to the proving grounds of

implementation will an idea become a working part of your reality. You will know truth when you encounter it because it will be derivable from the observable principles of life. This is how you will build your thought architecture: one logical brick at a time.

To pursue the reasonable path requires patience and principle. The weak-minded have neither, and so they default to whatever paradigms already populate other local minds. To arrive at your own understanding, you must be willing to think in opposition to the ordinary mindsets around you. Even when you agree with their conclusions, your reasons for doing so and the path you took to your ideas will remain imperceptible to sleeping minds. If you try to express your internal architecture, you will find the common soil infertile for your sprouting thought seeds. They will not listen, because they cannot listen. You do a disservice to yourself by expecting them to operate beyond their capacity. Salvage your time and mental energies from this trap.

Not all efforts to communicate are wasted. When you see that you have activated latent curiosity in other minds through your out-of-place thinking, your exceptional tribe will be suddenly expanded. Surround yourself with others who seek reasonable answers to life's curiosities. Populate your mind with the wisdom of those who have applied principles to their own mental mechanisms and recorded the output from generations past. Only be cautioned against adopting all thoughts without scrutiny, no matter the source. You alone are responsible for what you introduce to your own internal architecture. Observation and reason will be your guides.