

3 Guiding Principles for Parents

Written by Laura Markham for Aha! Parenting.

The truth is, what you say is not nearly as important as your attitude. Your child feels your warmth and love even when you don't say a word.

But what about those times when you're not feeling all that much love? Those hot moments when you're trying hard to keep things from blowing up, and you want to say something constructive, but you aren't thinking all that clearly? When you wish you had a fairy godmother whispering in your ear?

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