

# 12 Amazing Reasons Why Dogs Are Good to Help Raise Children

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Animals have always played an important role in many people's lives, since time immemorial. Dogs are the most common animals to have stood by man and have become one of the most beloved household pets, up to the modern day. They have been valued not only as companions but also as family members who have significantly impacted the quality of life of both the parents and children.

The phenomenon of families getting pet dogs for their children has been tremendously widespread worldwide. This is because of one simple reason: most children simply love dogs. Dogs are so friendly, cute, cuddly, and loyal. Beyond all these, there are far more benefits to owning a K9 companion for the children in the family.

If we better understand the human-pet bond, the more we get to know our four-legged best buddy and in turn improve our lives. One of the most common convictions to have pet dogs at home with your children is that dogs help teach kids skills which can be used to improve their socialization with other children, and other human beings too.

Below is a list of the many benefits of dogs in children's lives. These impact both physical and psychological development. The colorful and well-thought off graphic details why parents should allow children to grow up with pet dogs. It is an interesting picture that kids can also see.

Scroll down and check it out. You will be blown away by the number of possibilities of how dogs can indeed improve the quality of life of the whole family, especially the children, and how they will grow up to be contributing members of society with a memorable childhood.

# 12 Amazing Reasons why Dogs Are Good Help Raise Children

### Build relationships

No relationship is like the one between a human and an animal. Especially children respond to animals intuitively. A dog's love is unconditional, they do not judge or criticize so it's easy for kids to trust and build a relationship with them.



### Dogs encourage exercise

Having a dog is a great way to encourage children to go outside and exercise naturally. Besides a healthy diet, increased exercise can prevent childhood obesity and resulting heart disease.

### Boost self-esteem

Shy or less popular kids can benefit from having a pet as they offer a special reassuring kind of companionship, which cannot be provided by humans. Dogs are also often seen as a shared interest with other kids and can give them something to connect over and talk about.



### Lower stress levels

The biggest advantage of growing up with dogs can be the lowering of stress levels as animals naturally provide relaxation and relief. This can be valuable in learning situations especially while doing homework or reading. Positive effects on the overall family harmony have been shown too.

### Dogs are the best listeners

Dogs are like best friends children can always count on and who always support and listen to them about the psychological benefit of having someone simply listening without judgement cannot be overlooked.



### Teach manners and responsibility

Kids can become more confident by having the responsibility of taking care of their fun best friend. This can include fulfilling simple tasks like feeding, grooming or even taking the dog daily. Animals teach empathy, kindness and encourage nurturing as kids learn to actively take care of a living being.



### Dogs help socialize

Growing up with dogs can help improve social skills as kids interact naturally with animals. Families also tend to spend more time interacting with each other after they welcomed a pet into their family.



### Dogs can be therapeutic

For children with autism or other disorders, animals can help increase communication, lower blood levels and speed up recovery time. Especially kids with physical and emotional challenges can benefit from the presence of an animal as they trust them intuitively since animals only reply with nonverbal cues and genuine acceptance.

### Dogs make cute childhood memories

The greatest joy of parenthood is making amazing memories together as a family and keeping those memories to reminisce and talk about in the future. Adding an animal to the equation could possibly make for the coolest photo opportunities you otherwise wouldn't get.



### Dogs protect and keep kids safe

The intelligence of a dog, especially their ability to sense danger is an additional benefit to the whole family. Intuitively, dogs learn that they belong to the family and consequently will alert them when they perceive danger or a potential threat and therefore add to increased safety.

### Help the family stay healthy

It's proven that pet owners get less sick in general. Especially kids are healthier in their first year of life, showing fewer respiratory problems and infections than kids who were raised around no animals. Early exposure to different bacteria reduces the likelihood of developing common allergies in the future.



### Dogs are simply fun

Looking back to childhood memories, most dog owners would confirm that growing up with a dog is very memorable and full of happy experiences as they provide lots of entertainment and fun. Lastly, playing together with the dog is a family activity and makes for a greater bond overall.

## Here Pup!

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