## The Secret Ingredient to a Happy Childhood

Written by Rose Goddess for Rose Goddess Bliss.

A couple of months ago we went on our very first road trip with David, our two year old son. It was soooo much fun! While on the road I was able to listen to recordings of Eckhart Tolle and read a couple of books, one of which is called the *The Unschooling Unmanual*, a valuable little book generously given to me by Jan Hunt, who is the editor and contributing author. Her book has 11 essays and 8 different authors ranging from unschooling parents to philosophers, allowing you to receive a wide perspective on the subject. I have known, even before David was born, that I was going to do my own version of unschooling with him. I decided this after meeting my best friend Courtney and several other wonderful people who were unschooled as children and live very happy and fulfilled lives because of it. Unschooling, for those of you who are unfamiliar with the term, is a style of education which allows your child to direct his/her own learning. Unschooling takes place outside of a school setting (unless the child chooses on his/her own to attend school), and differs from homeschooling because there is no set curriculum. That is the basic definition of unschooling, but in reality it is so much more. Unschooling is a way of life, a way of interacting with and thinking about children which is respectful, loving, and kind.

Reading *The Unschooling Unmanual* really helped me to understand, in a deeper way, my reasons for choosing to unschool my child. While watching David run naked on the beach, forage wild hickory nuts near our hotel, ride a trolley in downtown Savannah, and nap in our comfy hotel room bed, I felt pure joy in the moment and excitement about our future unschooled life, filled with lots of freedom, travel, time in nature, and family fun! I truly believe unschooling is the secret ingredient to a happy childhood. Inspired by the stories and information contained in The Unschooling Unmanual, I have made a list, in true Rose Goddess style, of the top 10 reasons why.

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