## Examples of Moving From Compliance to Cooperation

Editor's Pick. Written by Ariadne.

Using compliance as a parenting strategy commonly involves conflicts, power struggles and threats of losing a privilege, punishment or bribery. Many parents want and expect compliance because they are the parent or "things need to get done" or "time is of the essence" or safety is a concern. However, compliance often comes at the expense of self worth and it may also dent the loving connection which is the core of the parent child relationship. So how can we encourage children to ultimately want to do what needs to be done? How can we foster a positive, can do attitude in our children?

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