

# Episode 013 – Parent Effectiveness Training, Part One (1h2m)

Episode 013 is the first part of the sporadic Parent Effectiveness Training mini-series. P. E. T. was developed over 40 years ago by Dr. Thomas Gordon. This episode looks at four types of parents: winners, losers, oscillators, and effective parents, covering chapters one and two.

Listen to Episode 013 (1h2m, mp3, 96kbps)

## **Show Notes**

Thomas Gordon, *Parent Effectiveness Training*

GordonTraining.com, “About Dr. Thomas Gordon, 1918-2002”

Read Chapter 1, “Parents are Blamed but not Trained”

Read Chapter 2, “Parents are Persons, not Gods”

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