

# Episode 006 – Bad Parenting Habits (1h40m)

Episode 006 is an analysis of parenting habits that are considered “bad” by mainstream thought, and amended from a peaceful, respectful, connection-based parenting point-of-view.

Listen to Episode 006 (1h40m, mp3, 96kbps)

## Show Notes

Heather Kolich, “10 Bad Parenting Habits” (Mainstream Thought)

Sandra Dodd, “Living by Principles Instead of by Rules”

L. R. Knost, “Practical, Gentle, Effective Discipline”

Jan Hunt, “22 Alternatives to Punishment”

Jan Hunt, “10 Ways We Misunderstand Children”

Tamaray Parnay, “Being There for our Children and for Others”

Pam Leo, “Connecting Through Filling the Love Cup”

Sandra Dodd, “Living Better Without Requiring Chores”

Pam Leo, “Teaching Through Love Instead of Fear”

Sandra Dodd, “Friendship in Families”

Robin Grille, Beth MacGregor, “The Secret Cost of Shame”

Sandra Dodd, “Being Your Child’s Partner”

Laura Markham, “Building a Great Relationship with Your Child”

Laura Markham, “The Best Way to Solve Your Child’s Problems”

Resource: NaturalChild.org (Jan Hunt, Pam Leo)

Resource: AhaParenting.com (Laura Markham)

Resource: SandraDodd.com (Sandra Dodd, Pam Sorooshian)

Resource: LittleHeartsBooks.com (L. R. Knost)

Resource: LivingJoyfully.ca (Pam Laricchia)

## Contact

Email a comment or question to [everythingvoluntary @ gmail.com](mailto:everythingvoluntary@gmail.com).

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