

# Don't Be Mental

Politics is a mental problem. By that I mean it doesn't exist outside the minds of those who believe in it, and it causes problems in the real world.

I think of politics as an attempt to live among people you don't like by forcing your will on them, using the "political method", where someone wins at the expense of someone else, instead of by using the "economic method", where everyone comes out ahead.

The political method is mental; the economic method is *mindful*.

Politics is done with "laws". There are only two kinds of "laws", the unnecessary and the harmful, and by using politics you are admitting you are willing to kill (usually by proxy) anyone who violates either type of "law". Because all "laws" are ultimately enforced with death.

If that's not evidence of a mental problem, I don't know what would be.