

Who Causes Most of Life's Troubles?

It sure would be nice if life could go the way I believe would be better. At least for a while. That's not usually how it goes.

It's not that there's usually anything particularly awful going on, just more of the same. A break seems like it would be nice.

Life brings trouble, so knowing the alternative...

It would be comforting to blame others for my troubles. It would be easy. And *dishonest*.

Whose fault are my troubles? Mine. Without a doubt.

Even when I can point to specific people who cause trouble for me, it is almost always my fault they are in a position to cause problems to me. Due to my previous bad decisions or other things.

And I also know my troubles are not the fault of statisticians, not even mass-murdering ones. I could manage to screw things up in my own life in a free society.

That's not to say statisticians don't make things worse with their "laws", theft, and aggression. Of course they do.

But most of the responsibility lies with myself. And I know this from experience- when I lived in a freer place, I still managed to be my own worst enemy. That's why I don't still live in the *freer* place.

So, even though I write about external things the most, I focus more of my own time and effort on working on myself. I have no idea whether that's what I "should" do or not, but I do know I can't change other people; only myself. I'm a work in progress, and always will be.

I appreciate those who stick by me and encourage me.

Thank you.